



BREAKFAST



LUNCH

This institution is an equal opportunity provider

SEPTEMBER 2018

White River Valley Schools

BREAKFAST PRICES: \$1.60/Elem.,
\$1.75/MS & HS, \$2.85/Adult
LUNCH PRICES: \$2.75/Elem.,
\$2.85/MS & HS, \$3.50/Adult

Monday

Labor Day
NO SCHOOL **3**

Labor Day first became a national holiday in 1894, when President Grover Cleveland signed the Labor Day holiday bill.

French Toast **10**

BBQ Rib Sandwich
Carrots
Onion Rings
Fruit

Pancakes **17**

Biscuits & Gravy
Scrambled Eggs
Potato Cubes
Tomato Slices
Fruit

French Toast **24**

Chicken Nuggets
Mac 'n Cheese
Broccoli
Carrots
Fruit

Tuesday

Cinnamon Swirl **4**

Hamburger/Cheeseburger
Lettuce/Tomato/Pickle
Tater Tots
Baked Beans
Fruit

Biscuits & Gravy **11**

Nachos
Salsa/Lettuce/Tomato/Cheese
Refried Beans
Corn
Fruit

Cinnamon Swirl **18**

Chicken Quesadilla
Salsa
Spicy Black Beans
Corn
Fruit

Biscuits & Gravy **25**

Chicken Soft Tacos
Salsa/Lettuce/Tomato/Cheese
Refried Beans
Corn
Fruit

Wednesday

Breakfast Sandwich **5**

Turkey Manhattan
Mashed Potatoes
Green Beans
Bread
Fruit

Chicken Biscuit **12**

Lasagna Rollup w/ Spaghetti Sauce
Side Salad
Green Beans
Breadstick
Fruit

Breakfast Sandwich **19**

Ham
Side Salad
Sweet Potato Crunch
Roll
Fruit

Chicken Biscuit **26**

Cheese Ravioli w/ Spaghetti Sauce
Side Salad
Green Beans
Garlic Bread
Fruit

Thursday

Scrambled Eggs & Toast **6**

Chicken Nuggets
(High School = New Orleans Chicken)
Broccoli
Carrots
Rice
Fruit

Egg Omelets & Toast **13**

Mini Subs
Cottage Cheese
Sweet Potato Fries
Baked Beans
Fruit

Scrambled Eggs & Toast **20**

Chicken Patty Sandwich
Baked Beans
Onion Rings
Fruit

Egg Omelets & Toast **27**

Shredded Pork BBQ Sandwich
Baked Beans
Onion Rings
Fruit

Friday

Breakfast Casserole **7**

Calzone
Marinara Sauce
Side Salad
Cauliflower
Fruit

Breakfast Pizza **14**

Pizza
Side Salad
Corn
Breadstick
Fruit

Breakfast Casserole **21**

Calzone
Marinara Sauce
Side Salad
Cauliflower
Fruit

Frudel or Scones **28**

Pizza
Side Salad
Corn
Breadstick
Fruit

Follow us on Twitter! WRV Wolverine Café - @CafeWrv



Breakfast includes: main entrée' with fruit or juice and milk, OR cereal assortment with fruit or juice and milk.

Lunch includes: 3 of the 5 components (Student MUST take a serving of vegetables or fruit as one of the three components, or the items will be charged a la carte instead of as a tray.)

5 components of lunch: Meat/Meat Alternative, Vegetable, Fruit, Grain, Milk.

School delays and cancellations may necessitate menu changes.