

OCTOBER 2017

BREAKFAST PRICES: \$1.50/Elem.,
\$1.65/MS & HS
LUNCH PRICES: \$2.65/Elem.,
\$2.75/MS & HS

This institution is an equal opportunity provider.

White River Valley School District

Monday

Muffins

2

BBQ Rib Sandwich
Onion Rings
Baked Beans
Fruit

Frudel

9

Grilled Cheese
Chicken Veggie Soup
Spinach Salad
Fruit

16

FALL
BREAK!

B-Fast Bosco Stick

23

Breaded Pork Tenderloin Sandwich
Baked Beans
Roasted Ranch Cauliflower
Fruit

Muffins

30

Breaded Chicken Patties
Baked Beans
Roasted Ranch Cauliflower
Fruit

Tuesday

Biscuits & Gravy

3

Cheeseburger
Tater Tots
Lettuce/Tomato/Pickle Spear
Fruit

Pancakes

10

Tacos
Lettuce/Cheese/Salsa
Refried Beans
Corn
Fruit

Biscuits & Gravy

17

Hot Dogs
Cheese Cubes
Baked Beans
Coleslaw
Fruit

Pancakes

24

Tacos in a Bag
Lettuce/Tomatoes/Cheese/Salsa
Corn
Fruit

Biscuits & Gravy

31

"Spook-ini"
Mixed Green Salad w/ Tomatoes
Cucumber Slices
Garlic Bread
Fruit
Halloween Cake

Wednesday

Breakfast Sandwich

4

General Tso Chicken
(Chicken Nuggets – Elementary)
Rice
Broccoli
Carrots
Fruit

Eggs & Toast

11

Salisbury Steak
Brown Gravy
Mashed Potatoes
Green Beans
Roll
Fruit

Breakfast Sandwich

18

Lasagna
Parmesan Spinach Salad
Cucumber Slices
Roll
Fruit

Eggs & Toast

25

Ham
Beans
Roasted Potatoes
Combread
Fruit

Thursday

French Toast

5

Corn Dog
Sweet Potato Fries
Baked Beans
Fruit

Cinnamon Roll

12

Pancakes
Bacon
Potato Cubes
Carrots
Blueberries

French Toast

19

Chicken Nuggets
Tater Tots
Pumpkin Bars
Roll
Fruit

Cinnamon Roll

26

Fish Sandwich
Broccoli & Cheese
Carrots/Celery Sticks
Spice Cake
Fruit

Friday

Scones

6

Pizza
Romaine Salad w/ Tomatoes
Corn
Breadstick
Fruit

FALL
BREAK!

13

Scones

20

Pizza
Mixed Green Salad w/ Tomatoes
Corn
Breadstick
Fruit

Breakfast Pizza

27

Chili
Peanut Butter Sandwich
Carrot/Celery Sticks
Fruit

Breakfast includes: main entrée' with fruit or juice and milk, OR cereal assortment with fruit or juice and milk.

Lunch includes: 3 of the 5 components (Student MUST take a serving of vegetables or fruit as one of the three components, or the items will be charged a la carte instead of as a tray.)

5 components of lunch: Meat/Meat Alternative, Vegetable, Fruit, Grain, Milk