

JANUARY 2018

White River Valley Schools

BREAKFAST PRICES: \$1.50/Elem.,
\$1.65/MS & HS

LUNCH PRICES: \$2.65/Elem.,
\$2.75/MS & HS

This institution is an equal opportunity provider.

Monday

Winter Break **1**

Tuesday

Winter Break **2**

Wednesday

Winter Break **3**

Thursday

Winter Break **4**

Friday

Winter Break **5**

Cereal or Cook's Choice **8**

Turkey & Cheese Wrap
Tater Tots
Pickle Spear
Fruit

Cereal or Cook's Choice **9**

Fish Sticks
Macaroni & Cheese
Broccoli
Cooked Carrots
Fruit

Breakfast Sandwich **10**

Chicken Legs
Mashed Potatoes
Green Beans
Roll
Fruit

French Toast **11**

Breaded Pork Tenderloin
Sweet Potato Fries
Baked Beans
Fruit

Scones **12**

Pizza
Mixed Green Salad w/ Tomatoes
Corn
Breadstick
Fruit

Frudel **15**

Chicken Nuggets
Sweet Potato Fries
Baked Beans
Roll
Fruit

Pancakes **16**

Burritos
Mixed Green Salad w/ Tomatoes
Corn
Fruit

Eggs & Toast **17**

Roast Beef Manhattan
Mashed Potatoes
Green Beans
Fruit

Cinnamon Roll **18**

Chicken Patty Sandwich
Broccoli and Cheese
Onion Rings
Fruit

Breakfast Pizza **19**

Chili
Peanut Butter Sandwich
Celery/Carrot Sticks
Fruit

Muffins **22**

BBQ Rib Sandwich
Tater Tots
Baked Beans
Fruit

Biscuits and Gravy **23**

Chicken Quesadilla
Black Beans
Corn
Fruit

Breakfast Sandwich **24**

Rotini
Mixed Green Salad w/ Tomatoes
Carrots
Breadstick
Fruit

French Toast **25**

Hamburger/Cheeseburger
Lettuce/Tomato/Pickles
Onion Rings
Green Pepper Slices
Fruit

Cocoa Loaf **26**

Calzones
Mixed Green Salad w/ Tomatoes
Marinara Sauce
Cauliflower
Fruit

Frudel **29**

Corn Dogs
Sweet Potato Fries
Baked Beans
Fruit

Pancakes **30**

Chicken Nuggets
(High School = General Tso Chicken)
Broccoli
Carrots
Rice
Fruit

Eggs & Toast **31**

Salisbury Steak w/ Gravy
Mashed Potatoes
Green Beans
Roll
Fruit

Breakfast includes: main entrée' with fruit or juice and milk, OR cereal assortment with fruit or juice and milk.

Lunch includes: 3 of the 5 components (Student MUST take a serving of vegetables or fruit as one of the three components, or the items will be charged a la carte instead of as a tray.)

5 components of lunch: Meat/Meat Alternative, Vegetable, Fruit, Grain, Milk.

School delays and cancellations may necessitate menu changes.